



Quality healthcare, within reach.

Medicare Medicare offers nurse-led, affordable care. First-line consultations, health education, and referrals, so you get the right care, right when you need it.



Why Choose Medicare?

- Affordable healthcare for individuals and families
- Professional nurse-led primary care
- Faster access to essential healthcare services
- Early detection and management of health conditions
- Convenient referrals when specialist care is required

Who Is Medicare For?

- Individuals
- Families
- Small businesses
- Community groups
- Anyone seeking affordable, quality primary healthcare

Medicare Benefits (without Chronic Benefit Add-on)

Category	Benefit	Cover / Limit
Annual Cover	Annual Global Limit	US\$554
Consultations	Initial GP	2 visits
	Follow-up GP	1 visit
	Initial Nurse	4 visits
	Follow-up Nurse	2 visits
Medication	Chronic Medication	\$0
	Acute Medication	US\$100
	Family Planning	US\$100
Diagnostics	Pathology	US\$100
	Radiology (1 X-ray & Ultra Sound Scan	US\$85
Waiting Periods		
GP Consultations & Acute Medication		4 months from joining
Radiology & Basic Pathology		6 months from joining

*Members with declared chronic conditions attract a US\$5 premium surcharge.
See the next table with Chronic Benefit Add-on



Medicare Benefits (with Chronic Benefit Add-on)

Category	Benefit	Cover / Limit
Annual Cover	Annual Global Limit	US\$804
Consultations	Initial GP	2 visits
	Follow-up GP	1 visit
	Initial Nurse	4 visits
	Follow-up Nurse	2 visits
Medication	Chronic Medication	US\$250
	Acute Medication	US\$100
	Family Planning	US\$100
Diagnostics	Pathology	US\$100
	Radiology (1 X-ray & Ultra Sound Scan	US\$85
Waiting Periods		
GP Consultations & Acute Medication		4 months from joining
Radiology & Basic Pathology		6 months from joining

*Members with declared chronic conditions attract a US\$5 premium surcharge.

Cimas Facilities

Harare

Cimas High Glen
Shop 4 & 5 High Glen
Shopping Centre, Harare
0242 691813-5

Harare

Cimas Van Praagh
No. 12 Van Praagh,
Milton Park, Harare
0242 790183

Harare

Cimas Jason Moyo
Jason Moyo Ave &
Harare St, Harare
0242 705840

Harare

Cimas Harare West
No. 175 Chinhoyi Street,
Harare
0242 771977

Harare

Cimas Manresa
No. 1-2 Manresa Estates,
Arcturus, Harare
0242 459528

Bulawayo

Cimas Bulawayo
No. 31A Jason Moyo
Street, Bulawayo
029886239

Chitungwiza

Cimas Chitungwiza
No. 16097 Makoni
Shopping Centre, Seke
027031560 / 027031691

Kwekwe

Cimas Kwekwe
12A & B 2nd Avenue,
Kwekwe
05525800-2

Mutare

Cimas Mutare
No. 16 8th Avenue,
Mutare
02060282

Masvingo

Cimas Masvingo
19 Hoffmeyer Street,
Masvingo
0392264802

Gweru

Cimas Gweru
No. 1-6th Street, Gweru
054229841+2

Victoria Falls

Cimas Victoria Falls
89 Spencer Rd,
Victoria Falls
08328 40538



Population
Solutions
for Health

- Facilities

Harare

New Africa House, 1st Floor,
40 Kwame Nkrumah Avenue
Tel: 0242-775327 / 775927

Chitungwiza

Shop 32, Chitungwiza
Town Centre
Tel: 0270-30976

Bulawayo

Eye Clinic, 90 Samuel
Parirenyatwa Street
Tel: 09-882690

Masvingo

10 Hoffmeyer Road
Tel: 039-262928

Gweru

74, 8th Street, Gweru
Tel: 0778 207 111

Mutare

17, 81 Street
Tel: 020-62120

Chipinge

208 Philips Avenue
Tel: 027-5719

medicare





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🌐 cimas.co.zw



Emergencies: 0808 00013
Services and clinic confirmations: 0772 161 829